

## Emmanuel Episcopal Church

# THE EPISTLE

*Sharing the Joy and Power of Life in Christ*

**SEPTEMBER 15, 22, & 29, 2019**



### LET THE JOURNEY BEGIN!

***Love – Serve – Worship***

Wow—what a great day this past Sunday (September 8) was! Lots of people, lots of energy, and lots of enthusiasm—a great example of the Spirit of Emmanuel. I am so grateful to everyone who worked so hard to make the Ministry Fair a success, and grateful too for everyone who attended. We certainly got off on the right foot!

So what will your journey be like this next year? Will you try something new? Learn something new? Will you take advantage of the myriad activities at Emmanuel and somehow deepen and grow your faith in Jesus? This is a community that will challenge you, help you, and accompany you on whatever sort of journey you choose, so give it some thought...and then try something new! Try something that stretches you—try something different—try something that just might lead you closer to the heart of God. Because you can never tell where a choice will lead you, and the Spirit is full of surprises. So as we begin the journey of this program year, let's all love, serve and worship as best we can as often as we can, supporting one other as we travel together in this unique and wonderfully blessed Body of Christ. Make it a journey to remember!

Faithfully yours,  
Mimi+

### FLAT JESUS TRAVELS THE WORLD!

Flat Jesus certainly got around this summer—Egypt, Sweden, Seattle, Canada, Alaska, Finland, Germany (and Virginia Beach!) to name just a few places where he popped up! Thanks for all the fun pictures and great posts—Flat Jesus loves travelling with Emmanuelites. As for our contest, the winners are as follows:

Most Posts: Diann Nickelsburg

Farthest travelled: Laura McMillan

Highest Point: Ann Stephenson

*Thanks to everyone who participated!* It was a fun summer.

### AVAILABLE NOW: EMMANUEL WEAR!

Check it out in the Narthex after both services on September 22 and 29: blue or gray fleece with the Episcopal shield and "Emmanuel Episcopal Church." Only \$25.00! Sizes are available to try on, and we guarantee that you will wear it proudly!

## INTERNATIONAL DAY OF PEACE



The International Day of Peace ("Peace Day") is observed around the world each year on 21 September. Established in 1981 by unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace. We will mark this day on Sunday, September 22 at both services with special scripture, prayer and songs.

### JOIN THE CELEBRATION!

Everyone is happily invited to share in "The Blessing of a Civil Marriage" at the 10:00 service on September 29th! At that time Joe and Colleen Stiles will have their marriage blessed in a celebration with their Emmanuel family. You may then wish them well afterwards with cake and fellowship in the Parish Hall.

### FLOWER GUILD NEEDS YOU



The flower guild is looking for a few volunteers, so if you have an interest in learning how to arrange flowers then this ministry is for you! You serve 5 times/year--each time includes 2 Sundays. Members also help out at Christmas and Easter. It's a great way to serve the church, beautify our worship, and learn a new skill! Let the office know if you are interested.

### LITURGICAL NOTES

At the beginning of the summer, as we entered into "Ordinary Time" (that season of the church year between Pentecost Sunday and Christ the King Sunday) we simplified the service—we didn't chant the psalm, we switched to Eucharistic Prayer C, and our service music became less formal. Now that the program year will be starting soon, you will once again find some changes to the liturgy—nothing drastic, but always interesting to note:

- The post-communion prayer will switch from the one found on page 366 in the Book of Common Prayer to the one found on page 365.
- We will once again chant the psalm at the 10:00 service.
- The Eucharistic Prayer will be Form 2 from *Enriching our Worship*. This prayer speaks of abundance and the generosity of God: a beautiful reminder of the story of our salvation.
- The Prayers of the People will be from an outside source that we have used in the past. They ask for God's grace and guidance—a fitting request to a loving God.

None of these changes will be all that noticeable, but my hope is that you enjoy the new rhythms as well as the breadth of our worship resources. And as always, if you have any questions, call or send me an email! Mimi+

### QUESTIONS, SUGGESTIONS OR OBSERVATIONS?

Contact either the clergy or a Vestry member and share them! Below is a list of the current vestry as well as their areas of responsibility:

Diann Nickelsburg: Senior Warden      Donna Lewis: Junior Warden

Stephanie Long: Formation              Nina Joyner: Liturgy

Laurry Rodman: Outreach              Bill Bosies: Finance

Camille Peter: Parish Life              Marty Basden: Inreach

Tim Sessions: Young Adults              Bob Gerling: Stewardship

Jeanette Duesberry: Day School        Jon Osborn: Building & Grounds

## DEACON'S MESSAGE



In my last sermon, I hinted a bit at what makes the Episcopal Church a unique welcoming Denomination with a wide tent to accommodate a wide spectrum of people. In Mimi's latest sermon, she talked about being committed as a disciple of Jesus. One of the ways she talked about was getting more involved in the happenings at Emmanuel. This leads me to encourage you to make it a habit to attend the educational opportunities at Emmanuel. In the Adult Education forum, there are opportunities to learn more about our Anglican tradition and why we are a welcoming Denomination. There are opportunities to delve deeper into the lectionary readings for each Sunday. If

you are an 8 o'clocker, you might have to postpone breakfast a little later, if you are a 10 o'clocker you might have to get up a little earlier. Sunday school should not be the end of our Christian Education.

On another front, my training has been going very well for the 65 km trek on October 5. The pledge sheet is filling up, but there is always room for more and we do have extra sheets if necessary. Chanco is the spiritual center of our Diocese and the building fund can use all of our support. The true test for me will be if I can walk up the aisle of Emmanuel on October 6. I was scheduled to preach on October 6, but in her wisdom, Mimi thought it would be better for me to wait until the next weekend.

Again thank you for your support, financially and spiritually, it will help me get through the trek.

Carter

## FORMATION

***Children's Chapel is at 10 a.m. Chapel follows the liturgical calendar with fun activities and music. Ages 4+***

***Children's Formation resumes on September 15 at 9:00 a.m. in the Day School.***

### THE TREE HOUSE

The Tree House is for children K to 3rd grade



and will meet in Classroom 1.

We use a customized curriculum centered on prayer, friendship, Bible Study, and fun activities.

***Nursery – Newborn to 4 years old 8:45 a.m. – 11:15 a.m.***

### BE BOLD!

***Grab a bean bag and bring your friends!***

Welcoming all 4th, 5th, and 6th graders.



A fearless preteen curriculum focused on acceptance, asking questions, and action! First meeting Sunday September 15 at 9:00 a.m. in the activity room.

*9/15: Is It Okay That I Sometimes Doubt God?*

*9/22: How Can I Forgive When I Don't Feel Like It?*

*9/29: If God Loves the World, Why Does He Let Bad Stuff Happen? (Dog Cookie Baking)*

Looking for Bold Teachers! Exciting and enlightening new curriculum. This program will enrich your spiritual life while interacting with our preteens. It's a win-win!

Contact Misty to get a look at the material.

[misty8thomas@gmail.com](mailto:misty8thomas@gmail.com)



## YOUTH FORMATION FOR 2019-20



In the ever changing world of youth ministry, it is important to reflect on what works and what falls flat about programming. One of the most challenging parts of youth ministry is scheduling and timing. In a time youth's lives are packed to the brim with activities and families are struggling to find time when all members can eat a meal together, we recognize the traditional youth ministry model no longer works. So, we're making a change that we hope will help families balance the importance of Sunday morning formation and EYC, and also not feel like we are contributing to the over scheduling of our youth. Downtime is important for everyone. Please see the schedule in the chart below. The Formation curriculum is called FaithLens, which is a

blog written by youth formation leaders across the country using the Revised Common Lectionary (weekly schedule of readings you hear in the services). The blog takes the lectionary readings and relates them to something that's happened in the last week...sometimes it pulls from the biggest headlines, sometimes it pulls from the news you didn't hear. It's free and you are welcome to Google it any time! As for EYC, we recognize the importance of being social with each other, while also balancing that with learning what it means to be a Christian in this current national climate. We will strive to provide the tools and experiences for both. We hope the new schedule means we get to see more youth. It is important to examine where Christian Formation falls on your family's priority list. Emmanuel provides formation for all ages, so the whole family can participate on Sunday mornings! Please contact Melissa Thomas if you have any questions or suggestions for programming!

Sunday AM Formation	Grades 6-12	9:00am-9:45am	Every Week
Middle School EYC	Grades 6-8	11:30am-1:00pm	2 <sup>nd</sup> & 4 <sup>th</sup> Sunday
High School EYC	Grades 9-12	1:30pm-3:30pm	4 <sup>th</sup> Sunday only

## ADULT FORUM – FALL 2019

Once again, we have a great group of folks who have agreed to present in Adult Forum. Please join us from 9:00-9:45 on Sundays for discussions and presentations on varying topics throughout the year. Contact Melissa Thomas if you have any questions.

Date	Topic	What's this about?
09/15	<b>Half Truths of the Bible</b> (Rev. Mimi Lacy)	Based on the book <i>Half Truths</i> by Adam Hamilton, these sessions will talk about things the bible doesn't say...even though we often assume otherwise!
09/22	<b>Half Truths of the Bible</b> (Rev. Mimi Lacy)	
09/29	<b>Theology of Post Reformation</b> (Rev. Carter Sinclair)	The Protestant reformation was a great transforming period of Christianity. What caused it? What were the repercussions and how did the Anglican Church emerge from the reformation?
10/6	<b>Theology of Post Reformation</b> (Rev. Carter Sinclair)	

## WOMEN'S BIBLE STUDY – MONDAYS, 6:30 PM



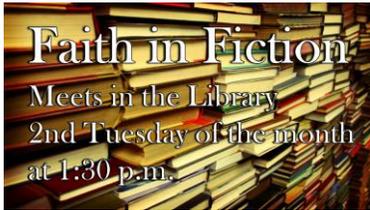
Ladies! Please join us for our new 7-week Women's Bible Study by Lisa Harper called *Job, A Story of Unlikely Joy*. Through this study, we can experience healing and a deeper connection with the God who cares for us, and come to realize God's love and goodness helps us to overcome life's difficulties.

Our study began on Sept. 9<sup>th</sup> and will conclude on Oct. 28<sup>th</sup>.

For more information, please call Cindy Barnhurst at 651-1157.

## FELLOWSHIP

### FAITH IN FICTION



**Next meeting: Tuesday, October 8  
1:00 p.m. in the Library.**

Faith in Fiction is a group that enjoys reading and discussing novels. We focus on the spiritual thread and/or social consciousness running through the story line of a novel. Anyone who has read the book is welcome.

Our book for October is *The White Queen* by Phillipa Gregory. Please join us!

Future Books: Nov. *A Gentleman in Moscow* by Amor Towles  
Dec. *Beneath a Scarlet Sky* Mark T. Sullivan

### MEN'S BREAKFAST WILL BE SEPTEMBER 14 & 28

**SIGN UP IN THE PARISH HALL.**

All men are welcome to come in for a hearty breakfast and discussion.



## MUSIC

### JAM (JESUS AND MUSIC) CHILDREN'S CHOIR: JOIN US!



**All children ages 6-12 are welcome—Rehearsals begin on Sunday, September 22, at 11:30 am in the Choir Room.** We look forward to working with our parish children in music, music theory, and learning how music enhances our liturgy. "Mighty oaks from little acorns grow" as Chaucer opined in the 14<sup>th</sup> century. The same is true of our future adult choirs of all denominations; a significant number

adult choir members in churches today had their first positive experience in a children's church choir. Studies have repeatedly and consistently prove that children who participate in a church choir, a band, or an orchestra improves the development of language skills, reasoning, and memorization, cultivates a sense of community, contribution, and belonging; and, with a church children's choir, they have the opportunity to grow into a faithful and loving followers of Jesus Christ. We look forward to seeing our "old" and new JAM members on September 22<sup>nd</sup>.

### THE ADULT AND HANDBELL CHOIRS: JOIN US!



**Rehearsals have begun on Thursdays: Handbells at 6:30 in the Church and the Adult Choir at 7:30 in the Choir Room.** We are always looking for new members who wish to support the music of Emmanuel. Auditions not required (nor do you need to read music or carry a tune). Please consider joining in the fun!



### MARK YOUR CALENDARS!

**On December 22 at 7:00pm all the choirs will celebrate Christ's nativity!** A varied selection of seasonal music will be offered, along with lots of congregational singalongs. It's a great way to slow down and get in the mood for the Spirit of Christmas.



**PLEASE NOTE:**

We are always pleased to have any of our middle school and high school instrumentalist's and/or vocalist's to offer their talents in our services. Please see Bobby Sullivan on Sundays or by email ([sully44r@erols.com](mailto:sully44r@erols.com)) for more information.

**THE SECOND ANNUAL INTERGENERATIONAL CHRISTMAS MUSICAL AND POTLUCK**

**Sunday, December 8, 2019 at 5:00 p.m.**



The cast is open to all ages! If you don't want to be on stage, then we also need helpers "behind the scenes." We will have a short meeting in the sanctuary after the 10 a.m. service this Sunday, September 15, to provide details. We will start rehearsals on September 22 in the afternoon; for those football fanatics....football is an annual seasonal sports event but who can remember who won the Super Bowl in 1990 without looking at a smart phone or searching on their PC/tablet? Being a participant or behind scenes supportive person in an Emmanuel production is a memory that lasts forever. The musical plot? .Come to the meeting to find out but we all know the two primary questions: What will Mother Mimi's role be? ..... And will Carter be a part of the fun?

**STEWARDSHIP**

**Stewardship Brings Lasting Values – “Everything I have is yours.” LUKE 15:31**

Our Heavenly Father gives us everything, including the chance to share in His eternal kingdom. Yet, like the Prodigal Son we are often lured away by the materialism of our society. Do we really want to turn our backs on Stewardship and all that God offers in exchange for a material wealth that has no lasting value?

**Stewardship Devotion – “No servant can serve two masters. He will hate one and love the other, or be devoted to one and despise the other. You cannot serve God and mammon (wealth).” LUKE 16:13**

Is money a “god” that you put before God? Giving money in Stewardship to support the Church and other charity is a pillar of our faith, just like attending church every Sunday and participating in parish ministry. Giving money frees us from being a slave to money. It increases our dependence on God and our trust that God will provide all that we need.

**Stewards Comforted – “My child, remember that you received what was good during your lifetime while Lazarus likewise received what was bad; but now he is comforted here, whereas you are tormented. Moreover, between us and you a great chasm is established...” LUKE 16:25-26**

When God created the world He declared that it was good and He gave it all to mankind for us to enjoy. However, over we have created a chasm between those who have great gifts and those who do not. Today we see that our own Stewardship we must bridge that gap between those who have much and those who have little or we may find ourselves on the wrong side of the chasm in the next life.

## OUTREACH

### SOLES4SOULS



To tie in with our *Journey* theme, we will be collecting new and gently worn shoes through September 29. "Soles4Souls" is an organization that believes that everyone around the world deserves a good pair of shoes—and by providing them the cycle of poverty can be disrupted. Soles4Souls creates sustainable jobs and provides relief through the distribution of shoes throughout the world. Time to clean out your closet!

### BEACH BAGS UPDATE



The 2018-2019 school year was busy! Emmanuel provided 40 bags of food each week for over 30 weeks. That's more than 1,200 bags! And with 10 items per bags this was definitely a labor of love. Thank you to all who donated food and/or money for food, those who packed the bags and those who delivered the bags to Arrowhead Elementary. Many folks helped. Please keep your donations coming, we have room to store them and the 2019-2020 school year is upon us!

## INREACH

### CANCER SUPPORT GROUP

The group meets on the 4<sup>th</sup> Tuesday of each month, at 7:00 PM in the Library. If you or someone close to you has been touched by this disease, please come and add your voice to the discussions of how we (and the congregation) might provide support for each other. Any questions contact Marty Basden - 286-7441.



### NEED A RIDE?



There are several volunteers at Emmanuel who are willing to help out with rides: to the doctor, to church, or anywhere nearby. If you anticipate needing transportation somewhere, please call the office at 499-1271 and we'll try to match you up with a driver!

### MEALS AVAILABLE!



There are 4 ministry teams willing to provide individuals or families with a meal! So if you are ill, just getting out of the hospital, or going through a time when a meal would be a big help, call the office and Donna will let that week's meal team know. Someone will then contact you about your needs.

### NEW CHURCH EMAIL ADDRESS

Listed below are the new email addresses--please add them to your contacts. And most importantly: ***please send an email to the Office, Formation and Finance so that they may capture your email address!*** Simply put "Test" in the subject line and we'll know you are contacting us just to help us out!

(Please note: Mimi's address remains the same: [mimilacy@gmail.com](mailto:mimilacy@gmail.com))

[office.emmanuelvb@gmail.com](mailto:office.emmanuelvb@gmail.com)

[finance.emmanuelvb@gmail.com](mailto:finance.emmanuelvb@gmail.com)

[formation.emmanuelvb@gmail.com](mailto:formation.emmanuelvb@gmail.com)

[EEDS.emmanuelvb@gmail.com](mailto:EEDS.emmanuelvb@gmail.com)

[tech.emmanuelvb@gmail.com](mailto:tech.emmanuelvb@gmail.com) (For website)

## **Please pray for:**

Peace in the world; Mimi our Rector and Carter our Deacon in their daily life and work.

**Our Parish family:** Loretta, Ted, Maggie, June, Herb, Bennett, Janie, Dorothy, Martha, Nancy, Dave, Al, Mary, Edward, Joey, Alaina, Jennifer, Bonnie, Pat, David, Liz, Kelly, Chris, Betty Jean, James, Kana, Erin, Diane, May, Debby, Charlotte, Paul, Ryk, Erica, Stephen, Stacy, Jesse, Jacques, Patty, Joe, Curt, and Carol.

**All those in our armed forces and their families:** We remember those on deployment especially: Marty, Will, Scott, Christian, Andrew, Josh, Jacob, and Tony.

**Those in prison:** Jeff, Ricky, and Samantha.

**PLEASE NOTE:** *We occasionally try to pare down the prayer list and often don't have any information on those being prayed for. So please contact the office if you have any questions or additions.*

## **Emmanuel Clergy & Staff**

Rector: The Rev. Mary C. (Mimi) Lacy, Email [mimilacy@gmail.com](mailto:mimilacy@gmail.com)

Deacon: The Rev. Carter Sinclair, Email [sinclair.carter@gmail.com](mailto:sinclair.carter@gmail.com)

Parish Administrator: Donna Clark

Day School Director: Carla Harrison

Music Director: Bob Sullivan

Technology Coordinator: Virginia Everett

Custodian: Greg Goodman

Bookkeeper: Nancy Newhams

Christian Formation: Melissa Thomas (Adults and Teens) Misty Thomas (Children)

**Phone: 757-499-1271; Fax: 757-499-4953; Day School: 499-7393**

**Email: [office.emmanuelvb@gmail.com](mailto:office.emmanuelvb@gmail.com)**

**Website: [emmanuelvb.com](http://emmanuelvb.com)**

*The Epistle*

A weekly publication

Emmanuel Episcopal Church

5181 Singleton Way

Virginia Beach, VA 23462

## **Schedule September 15**

### **8:00 a.m.**

LAY READER: George Chafee

USHER: Bill Smith

COFFEE HOUR HOSTS: Marti & Dave. Mansfield

VESTRY GREETER: Jon Osborn

WELCOMERS: Nemo & Stacey Larmore

### **10:00 a.m.**

LAY READERS: Karin & Duncan Bell, Dolly Holland

USHERS: Jim & Becky Maxey, Debbie Vance

ACOLYTES: Mason Barbour (SS/C), Griffin Barbour, Kelsey Martin (TB)

PRAYER MINISTERS: Lynne Coates, Elaine Shrader

VESTRY GREETER: Jon Osborn

COFFEE HOUR HOST: Steve Chandler

WELCOMERS: Dwain Emry, Linda Deviney

EUCCHARISTIC VISITORS: Bruce Delaplaine,

Pam Abadie

COUNTING TEAM: 9/16 Mary Lynn & Phil Slough, Rick Keuhne, Steve Furman

ALTAR GUILD: 9/14-9/27 Janet Thomas, Sallie Davis, Loretta Mann, Loretta Jensen, Tracie Filipich

FLOWER GUILD: 9/15 Nancy Larmore, Patricia Young, Martha Schwemley

## **Schedule September 22**

### **8:00 a.m.**

LAY READER: Bruce Delaplaine

USHER: Dave Brown

COFFEE HOUR HOST: Ken Eastwood

VESTRY GREETER: Bill Bosies

WELCOMER: Barb Acela

### **10:00 a.m.**

LAY READERS: Lynne Coates, Pat Holden

USHERS: Laurry Rodman, Loretta Mann,

Steve Furman

ACOLYTES: Amanda Von St. Paul (SS/C),

Bennett Von St. Paul, Michaela Sessions-Schriever (TB)

PRAYER MINISTERS: Bob Larmore, Betty Schindler

VESTRY GREETER: Bill Bosies

COFFEE HOUR HOST: Betty Snellenberg

WELCOMERS: Lori Brashears, Patricia Young

EUCCHARISTIC VISITOR: Alison Leclair

COUNTING TEAM: 9/23 Martha Hufford, Lindsey Osborn, Lynne Coates, Bob Burdette, Doug Lewis

ALTAR GUILD: 9/14-9/27 Janet Thomas, Sallie Davis, Loretta Mann, Loretta Jensen, Tracie Filipich

FLOWER GUILD: 9/22 Lisa Jerauld, Laurry Rodman, Lynne Rychlik

## **Schedule September 29**

### **8:00 a.m.**

LAY READER: Jeanette Duesberry

USHERS: Bob & Ann Gerling

COFFEE HOST: Bruce Delaplane

VESTRY GREETER: Stephanie Long

WELCOMERS: Chris & Crystal Pate

### **10:00 a.m.**

LAY READERS: Diann Nickelsburg, Loretta Mann

USHERS: Nina Joyner, Barbara Jones, Tom Lacy

ACOLYTES: Elise Marsh (SS/C), Gabby & Braydon  
Duesberry (TB)

PRAYER MINISTERS: Donna Lewis, Art Mann

VESTRY GREETER: Jeanette Duesberry

COFFEE HOUR HOSTS: Darla & Steve Furman

WELCOMERS: Mary Fanshaw, Susan Etheredge

EUCCHARISTIC VISITORS: Bruce Delaplane,  
Curt Womble

COUNTING TEAM: 9/30 George Chafee, Jim Glynn, Joe  
Stiles, Patricia Young, Marty Basden

ALTAR GUILD: 9/28-10/11 Marti & Dave Mansfield, Beth  
Orr, Pam Abadie

FLOWER GUILD: 9/29 Lisa Jerauld, Laurry Rodman,  
Lynne Rychlik